

Our Activities

In addition to the academics, an important part of our program is the different activities we do with/offer the students.

These include:



- A beginning of the year overnight orientation trip
- A ski trip
- A comprehensive physical education program with access to a state-of-the-art sports center adjacent to the school as well as an outdoor soccer field, and options such



as ice hockey, mixed martial arts and yoga

- Breakfast program
- Cultural outings to museums and plays
- Visits to career centers and CEGEPs
- School vegetable garden
- Boys' Group and Girls' Group
- Leadership class
- Theme days and seasonal parties
- Guest speakers
- Additional tutoring

About Us

Programme Mile End offers a variety of ways for students to reengage with school. We work with students to help them get back on track academically in order for them to obtain a Secondary School Diploma leading to further studies in CEGEP or to pursue vocational training. We also offer opportunities for students to explore a variety of career options.

In everything we do, we strive to appeal to the specific needs and interests of all of our students, in order to ensure and maintain their motivation.

Fundamentally, we believe that the measure of success should be different for each student.

We offer a fresh start for students and a chance for them to discover who they are, where they want to go, and the belief that they can get there.

FOR MORE INFORMATION OR A VISIT
PLEASE CONTACT **JESSICA HAND** @
514.277.9826



**PROGRAMME MILE
END HIGH SCHOOL**
4810 ave. Van Horne
Montreal, Quebec
H3W 1J3



**PROGRAMME
MILE END
HIGH SCHOOL**

It starts with M.E.

Our Rules & Regulations

- **MUTUAL RESPECT FOR STAFF, CLASSMATES AND SCHOOL PROPERTY.**
- **COME TO SCHOOL EVERY DAY ON TIME.**
- **BE FREE FROM THE INFLUENCE OF DRUGS AND ALCOHOL DURING SCHOOL HOURS.**
- **NO SMOKING ON SCHOOL PROPERTY.**
- **NO CELL PHONE USE IN CLASS.**
- **USE TECHNOLOGY IN AN APPROPRIATE MANNER.**
- **USE ASSIGNED SCHOOL LOCKER.**
- **STAY INSIDE OF SCHOOL BOUNDARIES.**



*Violation of these rules will be dealt with on a case-by-case basis, and can lead to suspension or expulsion.

Our Program

Programme Mile End is for students between 15 and 18 years of age who have not met with success in other high schools. Our tight-knit staff is committed to teaching excellence, and we work hard to create a comfortable, family-like atmosphere so students want to come to school. We stress the importance of mutual respect between all members of the school community in order to create a safe, nurturing environment. Our school year begins with an overnight trip to the countryside, giving students a chance to build an attachment to the school and to each other. Our teaching methods are adapted to each individual student, and our small classes allow us to get to know every student and keep them focused on their goals. In addition to the courses in the Quebec Education Program, we offer a variety of complimentary courses such as Art, Media, Cooking and Yoga, to name just a few. Within our Physical Education program, we also offer many fitness and health-related options, including opportunities to play team sports and an annual ski day. We also offer mental health support through on-site professionals such as guidance counsellor, school nurse and youth support workers.

Our groups

Secondary 4

English Language Arts
French Second Language
Mathematics
History and Citizenship Education
Science and Technology
Personal Orientation Project
Exploration
Ethics and Religious Culture
Visual Arts
Physical Education and Health



Secondary 4/5

English Language Arts
French Second Language
Mathematics
History and Citizenship Education (if necessary)
Science and Technology (if necessary)
Personal Orientation Project
Exploration
Visual Arts
Physical Education and Health

Secondary 5

English Language Arts
French Second Language
Mathematics
Contemporary World
Economics
Ethics and Religious Culture
Leadership
Integrative Project
Visual Arts
Physical Education and Health