

Standards & Procedures: Explorations of Vocational Training & Entrepreneurship Secondary 3

These are joint courses in which students will explore career options, develop interpersonal skills, receive hands on training in various fields, create products, and will complete a stage placement.

Evaluation Methods

Entrepreneurial projects: Students will complete a series of teacher led entrepreneurial projects that slowly build the student's capacity to carry out a project on their own. Towards the end of the year, students will carry out their own entrepreneurial project in which they will conceive of, produce, package, and market a product of their choice.

Term assignments: Students will complete several written assignments such as reporting on their stage placement, discussing workplace professionalism, and describing the learning of a skill.

Interpersonal activities: Students will take part in activities that explore interpersonal skills as they relate to the professional world.

Skill Concentration Participation: Each student will rotate through five sessions learning a skill of their choosing and must be present, participating, and able to demonstrate their skill (cooking, hairdressing, bicycle mechanics, music production, personal training, robotics, computer repair, etc.).

Job Preparation: Students will create a resume/CV, participate in interview role-plays, and become familiar with job search platforms.

Stage placement: Students will be evaluated based on performance, professionalism, and attendance. This may change depending on the COVID-19 situation. If we need to cancel the stage placement, students will instead complete more entrepreneurial projects.

Standards & Procedures: Physical Education & Health Secondary 1,2,3

Students are expected to participate in various physical activities to the best of their abilities. We offer a variety of competitive and non-competitive activities with a focus on improving physical fitness and finding an activity that each student enjoys. Students will also be exposed to a variety of health topics such as sleep hygiene, anxiety and stress reduction techniques, sexual health, and nutrition.

Evaluation Methods

Self-assessment and work out plan – students will complete a fitness assessment and then analyze their results in order to create and carry out a personalized work out program that demonstrates knowledge in one or all of these areas: resistance training, cardiovascular training, flexibility, balance, coordination

Participation –students will participate in the scheduled physical education classes to the best of their ability

Skill demonstration – students will demonstrate their ability to perform a skill we have been working on such as how to perform a proper bicep curl or squat

Health assignments – students will complete various written health assignments in which they analyze their personal health