

Focus High School

Standards and Procedures

2021-2022

Subject: Physical Education
 Grade level: 15+
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Term 1 (40%): August 31, 2021– January 28, 2022	Term 2 (60%): January 31-June 23 (July 10)
Competencies Targeted	Evaluation Methods
<p>MOVEMENT (Competency 1): Perform skills in different physical activity settings – 35%</p>	<ul style="list-style-type: none"> Evaluation of a series of movements or skills in a variety of different physical activities Self-assessment of progression Evaluate student performances across the year to identify development and progression
<p>REASONING (Competency 2): Uses mathematical reasoning – 35%</p>	<ul style="list-style-type: none"> Evaluate how far the student engages in fair play Self-assessment of individual contributions and their partner or partners Assess how far a student improves cooperation and performance
<p>HEALTHY LIFESTYLE (Competency 3): Adopts a healthy, active lifestyle – 30%</p>	<ul style="list-style-type: none"> Students will develop a plan with regard to changing or maintain certain lifestyle habits Evaluate a students physical activity of moderate or high

	<p>intensity for 20-30 consecutive minutes</p> <ul style="list-style-type: none">• Discussion and improvement of at least three healthy lifestyle habits
<p>End Of Term 1 Additional Comments:</p> <p>Throughout the term, students will complete a series of assessments based on physical activity and the development of healthy lifestyles. By November 19th students will be issued with a Progress Report with comments on their learning progress, behaviour and subject specific competencies</p> <p>End Of Term 2 Additional Comments:</p> <p>Throughout the term, students will complete a series of assessments based on physical activity and the development of healthy lifestyles. By November 19th students will be issued with a Progress Report with comments on their learning progress, behaviour and subject specific competencies</p> <p>Progress Report Cards</p> <p>By November 19, students will be issued a Progress Report with comments on their learning progress, behavior and subject-specific competencies.</p> <p>By April 22, students will be issued a Progress Report with comments on their learning progress, behavior and subject-specific competencies.</p>	

End Of Year Exam will be given during class and during the examination period.
